

## 10. Being Creative





## Purpose:

This exercise is intended to guide you through a reflection on several important yet introductory aspects of leadership. The topics being discussed in this exercise will be revisited and revised (potentially) in a later module. Please:

- Complete the questions below (no more than 250 words per question)
- Discuss them with your group members
- Be prepared to discuss with the larger group at the upcoming in-person session

Here are the questions:

- 1. Does the notion of "letting things die" cause you discomfort?
- 2. Do you tend to hold on to things longer than you should (whether they be emotions and thoughts, or trinkets in your basement)?
- 3. Explore your thoughts on creativity as being based in one's ability to remain unburdened and nimble?
- 4. List three things you can do further your capacity to release attachments and open the door to creativity.

Prep Work Required	Timeline	F/U with Group
	Prep Work Required	Prep Work Required Timeline

## Canada

