



The Art of Leadership in the PPSC

8. Being Reciprocal

Purpose:

This exercise is intended to guide you through a reflection on several important yet introductory aspects of leadership. The topics being discussed in this exercise will be revisited and revised (potentially) in a later module. Please:

- Complete the questions below (no more than 250 words per question)
- Discuss them with your group members
- Be prepared to discuss with the larger group at the upcoming in-person session

Here are the questions:

1. Looking at your communication patterns, both at home and at work, reflect on your tendency to engage in blaming?
2. Explore the radical notion of self-responsibility. How does the concept make you feel?
3. Relate the notion of Being Reciprocal to those of Being Innocent, Delaying Gratification and Committing to Reality.
4. Name three things you can do to enhance your capacity to further reciprocity.

Actions	Prep Work Required	Timeline	F/U with Group
1.			
2.			
3.			

